Focus on Your Classroom Schedule Schedule Analysis

Sometimes challenging behavior has a relationship to the classroom schedule. Use this to discover if your schedule has a relationship to challenging behavior.

Instructions						
Step 1	<i>Fill in your schedule</i> (use blank form)					
Step 2	Everyday for a week, take note of when there are challenges					
Step 3	<i>Use a marker to make an X</i> when challenging behavior occurred. Try to make an X for each incident					
Step 4	 See if there is a pattern (see sample). If there is, ask yourself the following questions: 1. Is this activity too long? 2. Are there adequate materials in this activity? 3. Are there too many children in this activity? 4. Is the activity set up so that children know what to do and how to do it? 5. Is there adequate staff to do this activity in this manner? 6. Have the children been sitting too long? Or too active to settle down? 7. What changes can I make to the schedule or how I do this activity to reduce the challenging behavior? 8. Was the transition smooth or did it trigger difficulties? 					

Schedule Analysis

Schedule									
Activity/Time	Mon	Tues	Wed	Thur	Fri				
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Sample Schedule Analysis, for One Week. Do you see a pattern?

Schedule									
Activity/Time	Mon	Tues	Wed	Thur	Fri				
Breakfast - 8:30									
<i>Clean-up</i> - 9:00	XX	x	XXXX	x	XX				
Morning Circle - 9:15	х		XX						
Centers - 9:30	•								
Snack - 11:00	XX	XXX	x						
<i>Clean-Up</i> - 11:15	X			XX	x				
Outside Play - 11:30	•								
<i>Lunch</i> - 12:15	X	XX	x	XXXXX	XXXXXX				
<i>Story</i> - 12:45	•								
Nap - 1:00	•		x						
Quiet Centers - 2:00	•								
P.M. Meeting - 2:30	X								
Bus loading - 2:45	•								