

## Teaching Social Emotional Skills

Child: \_\_\_\_\_

Classroom: \_\_\_\_\_

Date: \_\_\_\_\_

Program: \_\_\_\_\_

### *Target Skill*

List one skill per form. Skill must be a behavior that would be increased (skill acquisition goal rather than a behavior reduction goal). See attached list for samples.

Skill to target: \_\_\_\_\_

### *Learning Opportunities*

List all the learning opportunities that will be provided to the child to learn or practice the skill. Learning opportunities include formal planned activities and informal activities such as outdoor play or center time. See attached list for samples. For skills that occur throughout the day, list as many as 10 opportunities (if you can) that can occur each day. For skills that are episodic (e.g., cope with change in schedule and other disruptions), write down when the learning opportunities are likely to occur

Learning Opportunities: \_\_\_\_\_

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### *Method of Instruction*

List the method of instruction and materials that will be used to TEACH the skill. See attached list for samples. Include information on any specific materials that might be needed (e.g., visuals).

Method of Instruction: \_\_\_\_\_

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