

Help Children Make an Emotion Book

- You can make a big book of classroom emotions. Feature a word and then ask children to pose with the expression. Take their photo and use as illustrations. Children will love flipping through the book and seeing the various expressions of their classmates. Make sure to cover a variety of emotion words that can expand children's vocabulary beyond happy and sad (e.g., confused, frustrated, silly, excited, etc.).
- Another fun activity is to make individual books for children. Each child can pose with an emotion face for the emotion and then dictate a response about what might make him feel that way.

I feel excited when I get to go to my friend Coby's house to play



"I feel upset when my mommy didn't get me anything."

