



## Take a look at more literacy-rich outings

### See What I See!

Five-month-old Caleb and his mother take the bus to go food shopping, run errands, and grab something for lunch. Caleb's home visitor has explained to his mom the importance of talking to Caleb about all that is going on around him. Therefore, his mom makes it a point to describe the familiar sights on their route. These include his sister's school, the family's church, a playground, billboards, and so much more. Caleb's mother holds him on her lap so that he can see everything as they go by. As they approach any one sight, Mom describes what he is about to see and asks him questions like "Do you see \_\_\_\_?" and "Where is the \_\_\_\_?" Caleb really looks forward to his bus ride and playing the game with his mother.



### More Than a Stroll

Marc's caregiver, Gavin, pushes 6-month-old Marc down the street in his stroller to pick some things up at the supermarket. Along the way, they can look at and talk about many things. They look at trees, flowers, animals, people, cars, and so much more. Gavin names and talks about what he and Marc see between home and the store. Whenever Marc sees something that catches his attention, he reaches toward and points at whatever he sees. Gavin knows that if they stop and "talk about" what has excited Marc, the baby will listen to what he is saying to him. The more trips they make to the store, the more Marc recognizes things that are familiar to him.

### Super Marketing

Food shopping is one of 16-month-old Luke's favorite things to do with his mother. He does not have much upper-body strength and cannot sit on his own in the shopping cart seat. His interventionist showed his mom how to use her hand bag and her coat to prop him up so he can see what is going on. Mom has a routine for food shopping, and Luke has learned to recognize what they will be seeing and getting next. Luke's mother tells him what they are about to do. "Next we are going to get Luke's favorite food," she says. She then asks him, "Do you want pretzels or cheese crackers?" Mom occasionally asks her son to point to things that he recognizes. She helps him hold items to get a better look before they go into the cart. By the time they are finished shopping, Luke has probably heard the names for 50 different things!

