

Let your toddler's everyday activities

# POP

with literacy-learning POWER!

## MEALS AND SNACKS

Together make a list of your child's favorite foods. Let him/her point to or cut out favorite foods from a grocery store sales flyer.

Name the foods you're eating, describing their colors, tastes, and shapes.

Ask your child to describe what he or she is eating. Is it hot or cold? Sweet or sour?



Talk about how food is grown and from where it comes.